



Eau Claire Aquatic Club
Eau Claire, WI

Observation etiquette for Swim Team Practices

Your help respectfully observing will help swimmers remain focused on the practice.

Please keep photos limited: Photos can distract some of our youngest swimmers. Before practice or after practice would be the perfect time for a photo of the swimmer.

Please avoid interacting with your child when in practice: Small interactions like, waving, correcting a behavior, giving high 5's or passing along encouraging words can distract your child, but also distract other swimmers in the lane.

Keep the focus on the practice: If your child wants to interact or speak with you, please refer the child to return to the class and focus on their swim coach's directions.

Communicate to Aquatic staff: If your swimmer has a learning, behavioral, or health concern that might call for special attention, please share this with the Coach on deck. We like to work together to form a team plan on how to best handle individual needs of our swimmers.

Thank you,

ECAC Coaches and Leaders